



Wicca for Beginners: Fundamentals of Philosophy and Practice

By Thea Sabin

Llewellyn Publications, U.S. Paperback. Book Condition: new. BRAND NEW, Wicca for Beginners: Fundamentals of Philosophy and Practice, Thea Sabin, "In her first book-length work, Sabin presents a first-rate, fresh, and thorough addition to the burgeoning field of earth-based spiritual practice volumes. written in a light, informative style that magically mines depth, breadth and brevity." --Publishers Weekly, starred review Due to the sheer number of Wicca 101 books on the market, many newcomers to the Craft find themselves piecing together their Wiccan education by reading a chapter from one book, a few pages from another. Rather than depending on snippets of wisdom to build a new faith, Wicca for Beginners provides a solid foundation to Wicca without limiting the reader to one tradition or path. Embracing both the spiritual and the practical, Wicca for Beginners is a primer on the philosophies, culture, and beliefs behind the religion, without losing the mystery that draws many students to want to learn. Detailing practices such as grounding, raising energy, visualization, and meditation, this book offers exercises for core techniques before launching into more complicated rituals and spellwork. Finalist for the Coalition of Visionary Resources Award for Best Wiccan/Pagan Book.



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