



## 200 Gluten-Free Recipes (Paperback)

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By Louise Blair

Octopus Publishing Group, United Kingdom, 2011. Paperback. Book Condition: New. 164 x 140 mm. Language: English . Brand New Book. Gluten-free is the way to be for many of those who suffer from coeliac disease, gluten allergies and even those who simply want to cut wheat from their diet. With over 200 delicious recipes, Hamlyn All Colour: 200 Gluten-Free Recipes showcases how easy life can be when eating gluten-free, and beautiful photographs and clear instructions make this book perfect for every cook at all ability levels. With recipes such as breakfast cereal bars, Thai coconut chicken, Victoria sandwich cake, chocolate caramel shortbread and lemon drizzle cake, this book enables home cooks to create healthy meals at home without sacrificing flavour.



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